

2016 MSHSL Section 5A Cross Country Championships Boys

Milaca High School Oct. 27, 2016

PLACE	TEAM	POINTS	PLACES OF FINISHERS										AVG. TIME	SPREAD
1	Mora	24	1	2	3	8	10	16	59	16:45.9	0:50.5			
2	St. Cloud Cathedral	92	11	17	18	22	24	28	35	17:32.3	0:37.0			
3	Annandale	97	6	12	20	23	36	56	67	17:32.7	1:11.7			
4	Heritage Christian Ac	139	7	21	31	33	47	48	119	17:53.3	1:31.4			
5	St Cloud Christian Sc	147	14	25	27	32	49	82	96	17:56.4	1:19.3			
6	Pine City	163	13	19	26	41	64	69	81	18:00.0	1:43.1			
7	Spectrum	188	5	29	40	53	61	72	75	18:09.4	1:51.0			
8	Foley	220	38	42	43	46	51	65	95	18:26.6	0:23.4			
9	Milaca	244	15	30	60	62	77	90	101	18:26.2	1:56.1			
10	Watertown-Mayer	321	9	66	71	87	88	112	114	18:48.8	2:30.1			
11	Howard Lake-Waverly-W	331	4	50	86	92	99	100		18:55.6	3:13.3			
12	Providence Academy	358	44	52	57	98	107	117	118	19:13.0	1:54.6			
13	Rush City	360	39	73	79	84	85	102	127	19:07.3	1:09.2			
14	Braham Area	429	34	37	89	132	137	139	142	20:44.3	6:55.2			
15	Rockford	444	63	68	103	104	106	110		19:43.2	1:27.6			
16	Maple Lake	452	58	78	97	108	111	115		19:44.3	1:43.7			
17	Maranatha	475	54	76	91	124	130	138	140	20:11.6	3:27.0			
18	Mayer-Luthern/Lpwht	477	45	55	121	123	133	141	143	20:26.9	4:32.9			
19	Northwest Nighthawks	488	74	83	93	113	125	128		20:02.4	2:15.0			
20	Hinckley/Finlayson	520	70	105	109	116	120	122	129	20:15.7	1:50.7			
21	North Lakes Academy	565	80	94	126	131	134	135	136	21:15.8	4:10.8			

1. Mora			6. Pine City		
1	Michael Schwinghamer, 12	16:18.8	13	Eli Grubbs, 12	17:11.8
2	Alec Sanbeck, 12	16:31.7	19	Tommy Ryan, 10	17:37.5
3	John Schwinghamer, 12	16:48.2	26	Nate Webster, 9	17:54.2
8	Cooper Lennox, 9	17:01.3	41	Derek Clementson, 9	18:21.4
10	Zach Garza, 11	17:09.3	64	Noah Miller, 9	18:54.9
16	Matt Ergen, 12	17:29.2	69	Tj Rank, 10	19:00.6
59	Jared Greenberg, 12	18:46.1	81	Jake Adams, 10	19:20.4
Total Time = 1:23:49.3			Total Time = 1:29:59.8		
Total Places = 24			Total Places = 163		
2. St. Cloud Cathedral			7. Spectrum		
11	Joel Ebel, 10	17:10.7	5	Zack Anderson, 11	16:56.7
17	Ryan Munter, 12	17:29.4	29	Nevin Sagstetter, 11	18:00.6
18	Mitchell Silkman, 11	17:33.4	40	Camden Sharp, 10	18:20.6
22	Shane Corbett, 9	17:40.1	53	Andrew Hattling, 9	18:41.4
24	Alex Tomczik, 11	17:47.7	61	Carter Smith, 9	18:47.7
28	Sam Nelson, 12	17:59.8	72	Ben Nauman, 8	19:03.6
35	Clayton Teff, 12	18:11.8	75	Ben Harvey, 11	19:10.8
Total Time = 1:27:41.3			Total Time = 1:30:47.0		
Total Places = 92			Total Places = 188		
3. Annandale			8. Foley		
6	Christopher Groth, 11	17:00.2	38	Jackson Rasmusson, 10	18:16.8
12	Jeff Braun, 12	17:11.1	42	Drew Storkamp, 10	18:22.1
20	Justin Heimkes, 11	17:38.3	43	Jack Swanson, 11	18:23.0
23	Payton Lund, 10	17:41.8	46	Ezra Metzger, 8	18:30.7
36	Zach Sykora, 11	18:11.9	51	Jared Pflipsen, 12	18:40.2
56	Jack Massmann, 10	18:43.5	65	Wade Rhonemus, 10	18:55.0
67	Gabe Riviere, 10	18:57.3	95	Tanner Brosh, 12	19:47.6
Total Time = 1:27:43.3			Total Time = 1:32:12.8		
Total Places = 97			Total Places = 220		
4. Heritage Christian Ac			9. Milaca		
7	Josh Nordstrom, 12	17:00.3	15	Jon Hall, 11	17:16.8
21	Travis Miller, 9	17:39.5	30	Zach Patten, 12	18:02.7
31	Evan Jacobson, 9	18:06.9	60	Mason Voshell, 9	18:47.7
33	Jared Nordstrom, 9	18:07.8	62	Gabe Petty, 12	18:50.6
47	Sam Nelson, 12	18:31.7	77	Brett Husman, 12	19:12.9
48	Brady Kappel, 11	18:32.4	90	Joe Baker, 11	19:36.9
119	Rolf Preus, 10	20:49.5	101	Sam Petty, 12	20:06.4
Total Time = 1:29:26.2			Total Time = 1:32:10.7		
Total Places = 139			Total Places = 244		
5. St Cloud Christian Sc			10. Watertown-Mayer		
14	Sam Overfors, 12	17:15.9	9	Jack Heun, 11	17:02.8
25	Brandon Schultz, 12	17:49.4	66	Wes Burns, 11	18:55.9
27	Matt Heinen, 12	17:54.3	71	Micheal Dalheimer, 7	19:03.1
32	Jack Gauerke, 12	18:07.0	87	Kevin Burns, 11	19:29.3
49	Justin Schultz, 10	18:35.2	88	George Janikula, 7	19:32.9
82	Jackson Riedeman, 11	19:22.9	112	Matt Maisch, 11	20:29.3
96	Cade Gauerke, 10	19:51.5	114	Austin Windsperger, 11	20:30.9
Total Time = 1:29:41.8			Total Time = 1:34:04.0		
Total Places = 147			Total Places = 321		

11. Howard Lake-Waverly-W
 4 Noah Bundrock, 11 16:50.1
 50 Trevin Olund, 10 18:35.7
 86 Cole Leukuma, 8 19:28.1
 92 Zach Koosman, 9 19:40.5
 99 Spencer Lade, 8 20:03.4
 100 Nick Czanstkowski, 10 20:03.8
 Total Time = 1:34:37.8 Total Places = 331

12. Providence Academy
 44 Tyson Hohenecker, 11 18:26.0
 52 Thomas Wehmann, 11 18:41.1
 57 Grady Gall, 9 18:44.0
 98 Jack McElroy, 7 19:53.0
 107 Keenan Hodgkin, 11 20:20.6
 117 Lane O'Meara, 10 20:46.2
 118 Nolan Farnam, 12 20:47.4
 Total Time = 1:36:04.7 Total Places = 358

13. Rush City
 39 Ashton Langworthy, 9 18:17.3
 73 Sandon Stepp, 9 19:09.3
 79 Matthew Papke, 9 19:18.1
 84 Brodrick Larson, 9 19:25.0
 85 Chad Fleischhacker, 11 19:26.5
 102 Derek Murphy, 10 20:08.6
 127 Samson Hageman, 9 21:37.0
 Total Time = 1:35:36.2 Total Places = 360

14. Braham Area
 34 Brandon Wyganowski, 12 18:11.1
 37 Christian Patterson, 12 18:15.1
 89 Calvin Enberg, 11 19:34.0
 132 Jacob Kern, 8 22:34.8
 137 Garrett Engberg, 8 25:06.3
 139 Kevin Laman, 8 25:47.8
 142 Shane Lund, 8 27:41.8
 Total Time = 1:43:41.3 Total Places = 429

15. Rockford
 63 Caleb Duerr, 11 18:52.8
 68 Lucas Klonne, 11 18:59.0
 103 Michael Nelson, 8 20:10.0
 104 Blake Stoltzman, 12 20:13.4
 106 Nolan Aker, 9 20:20.4
 110 Jack Hanson, 9 20:28.2
 Total Time = 1:38:35.6 Total Places = 444

16. Maple Lake
 58 Mike Miller, 10 18:45.3
 78 ?Brady Tongen 19:13.8
 97 ?Tyler Willard, 1 19:51.9
 108 ?Quinn Youngs, 1 20:21.5
 111 ?Caleb Beneke, 10 20:29.0
 115 Gabe Smail, 10 20:31.9
 Total Time = 1:38:41.5 Total Places = 452

17. Maranatha
 54 Isaiah Hobus, 11 18:41.8
 76 Kenny Hicks, 8 19:12.7
 91 Lorenzo Mascarenas, 11 19:38.7
 124 Grady Wiczorek, 12 21:15.9
 130 Evan Byrne, 12 22:08.8
 138 Tucker Burquest, 12 25:16.0
 140 Brady Bruce, 12 27:07.4
 Total Time = 1:40:57.9 Total Places = 475

18. Mayer-Luthern/Lpwh
 45 Evan Lee, 9 18:26.5
 55 Parker Esterberg, 12 18:42.1
 121 Andrew Jackson, 11 20:56.5
 123 Gareth Holland, 12 21:09.6
 133 Micah Loder, 9 22:59.4
 141 Orion Blasen, 8 27:18.4
 143 Liam Aldrich, 9 32:12.8
 Total Time = 1:42:14.1 Total Places = 477

19. Northwest Nighthawks
 74 Jayden Peterman, 9 19:10.7
 83 Phillip Kippley, 10 19:23.7
 93 Gus Spencer, 12 19:41.7
 113 Anthony Sixta, 12 20:29.8
 125 Jake Bendickson, 11 21:25.7
 128 Grant Prom, 12 21:41.0
 Total Time = 1:40:11.6 Total Places = 488

20. Hinckley/Finlayson
 70 Anders Prater, 10 19:01.7
 105 Ryan Knudson, 10 20:18.3
 109 Brock Bjerke, 9 20:22.2
 116 Klemens Utzel, 10 20:43.5
 120 Aaron Mulder, 8 20:52.4
 122 Dylan Mans, 10 20:58.6
 129 Brody Houston, 7 21:44.2
 Total Time = 1:41:18.1 Total Places = 520

21. North Lakes Academy
 80 Jordan Norwood, 9 19:18.5
 94 Noah Hampton, 9 19:45.6
 126 Brayden Dickey, 7 21:31.6
 131 Connor Hanson, 12 22:13.9
 134 Davey Povolny, 10 23:29.3
 135 Joshua Matthews, 9 23:30.0
 136 Michael Schaeppi, 9 23:40.7
 Total Time = 1:46:18.9 Total Places = 565

PLACE	SCORE	TEAM	FINISHER	TIME	TEAM
1	1		Michael Schwinghamer, 12	16:18.8	Mora
2	2		Alec Sanbeck, 12	16:31.7	Mora
3	3		John Schwinghamer, 12	16:48.2	Mora
4	4		Noah Bundrock, 11	16:50.1	Howard Lake-Waverly-W
5	5		Zack Anderson, 11	16:56.7	Spectrum
6	6		Christopher Groth, 11	17:00.2	Annandale
7	7		Josh Nordstrom, 12	17:00.3	Heritage Christian Ac
8	8		Cooper Lennox, 9	17:01.3	Mora
9	9		Jack Heun, 11	17:02.8	Watertown-Mayer
10	10		Zach Garza, 11	17:09.3	Mora
11	11		Joel Ebel, 10	17:10.7	St. Cloud Cathedral
12	12		Jeff Braun, 12	17:11.1	Annandale
13	13		Eli Grubbs, 12	17:11.8	Pine City
14	14		Sam Overfors, 12	17:15.9	St Cloud Christian Sc
15	15		Jon Hall, 11	17:16.8	Milaca
16	16		Matt Ergen, 12	17:29.2	Mora
17	17		Ryan Munter, 12	17:29.4	St. Cloud Cathedral
18	18		Mitchell Silkman, 11	17:33.4	St. Cloud Cathedral
19	19		Tommy Ryan, 10	17:37.5	Pine City
20	20		Justin Heimkes, 11	17:38.3	Annandale
21	21		Travis Miller, 9	17:39.5	Heritage Christian Ac

22	22	Shane Corbett, 9	17:40.1	St. Cloud Cathedral
23	23	Payton Lund, 10	17:41.8	Annandale
24	24	Alex Tomczik, 11	17:47.7	St. Cloud Cathedral
25	25	Brandon Schultz, 12	17:49.4	St Cloud Christian Sc
26	26	Nate Webster, 9	17:54.2	Pine City
27	27	Matt Heinen, 12	17:54.3	St Cloud Christian Sc
28	28	Sam Nelson, 12	17:59.8	St. Cloud Cathedral
29	29	Nevin Sagstetter, 11	18:00.6	Spectrum
30	30	Zach Patten, 12	18:02.7	Milaca
31	31	Evan Jacobson, 9	18:06.9	Heritage Christian Ac
32	32	Jack Gauerke, 12	18:07.0	St Cloud Christian Sc
33	33	Jared Nordstrom, 9	18:07.8	Heritage Christian Ac
34	34	Brandon Wyganowski, 12	18:11.1	Braham Area
35	35	Clayton Teff, 12	18:11.8	St. Cloud Cathedral
36	36	Zach Sykora, 11	18:11.9	Annandale
37	37	Christian Patterson, 12	18:15.1	Braham Area
38	38	Jackson Rasmusson, 10	18:16.8	Foley
39	39	Ashton Langworthy, 9	18:17.3	Rush City
40	40	Camden Sharp, 10	18:20.6	Spectrum
41	41	Derek Clementson, 9	18:21.4	Pine City
42	42	Drew Storkamp, 10	18:22.1	Foley
43	43	Jack Swanson, 11	18:23.0	Foley
44	44	Tyson Hohenecker, 11	18:26.0	Providence Academy
45	45	Evan Lee, 9	18:26.5	Mayer-Luthern/Lpwht
46	46	Ezra Metzger, 8	18:30.7	Foley
47	47	Sam Nelson, 12	18:31.7	Heritage Christian Ac
48	48	Brady Kappel, 11	18:32.4	Heritage Christian Ac
49	49	Justin Schultz, 10	18:35.2	St Cloud Christian Sc
50	50	Trevin Olund, 10	18:35.7	Howard Lake-Waverly-W
51	51	Jared Pflipsen, 12	18:40.2	Foley
52	52	Thomas Wehmann, 11	18:41.1	Providence Academy
53	53	Andrew Hattling, 9	18:41.4	Spectrum
54	54	Isaiah Hobus, 11	18:41.8	Maranatha
55	55	Parker Esterberg, 12	18:42.1	Mayer-Luthern/Lpwht
56	56	Jack Massmann, 10	18:43.5	Annandale
57	57	Grady Gall, 9	18:44.0	Providence Academy
58	58	Mike Miller, 10	18:45.3	Maple Lake
59	59	Jared Greenberg, 12	18:46.1	Mora
60	60	Mason Voshell, 9	18:47.7	Milaca
61	61	Carter Smith, 9	18:47.7	Spectrum
62	62	Gabe Petty, 12	18:50.6	Milaca
63	63	Caleb Duerr, 11	18:52.8	Rockford
64	64	Noah Miller, 9	18:54.9	Pine City
65	65	Wade Rhonemus, 10	18:55.0	Foley
66	66	Wes Burns, 11	18:55.9	Watertown-Mayer
67	67	Gabe Riviere, 10	18:57.3	Annandale
68	68	Lucas Klonne, 11	18:59.0	Rockford
69	69	Tj Rank, 10	19:00.6	Pine City
70	70	Anders Prater, 10	19:01.7	Hinckley/Finlayson
71	71	Micheal Dalheimer, 7	19:03.1	Watertown-Mayer
72	72	Ben Nauman, 8	19:03.6	Spectrum
73	73	Sandon Stepp, 9	19:09.3	Rush City
74	74	Jayden Peterman, 9	19:10.7	Northwest Nighthawks
75	75	Ben Harvey, 11	19:10.8	Spectrum
76	76	Kenny Hicks, 8	19:12.7	Maranatha
77	77	Brett Husman, 12	19:12.9	Milaca
78	78	?Brady Tongen	19:13.8	Maple Lake
79	79	Matthew Papke, 9	19:18.1	Rush City
80	80	Jordan Norwood, 9	19:18.5	North Lakes Academy
81	81	Jake Adams, 10	19:20.4	Pine City
82	82	Jackson Riedeman, 11	19:22.9	St Cloud Christian Sc
83	83	Phillip Kippley, 10	19:23.7	Northwest Nighthawks
84	84	Brodrick Larson, 9	19:25.0	Rush City
85	85	Chad Fleischhacker, 11	19:26.5	Rush City
86	86	Cole Leukuma, 8	19:28.1	Howard Lake-Waverly-W
87	87	Kevin Burns, 11	19:29.3	Watertown-Mayer
88	88	George Janikula, 7	19:32.9	Watertown-Mayer
89	89	Calvin Enberg, 11	19:34.0	Braham Area
90	90	Joe Baker, 11	19:36.9	Milaca
91	91	Lorenzo Mascarenas, 11	19:38.7	Maranatha
92	92	Zach Koozman, 9	19:40.5	Howard Lake-Waverly-W
93	93	Gus Spencer, 12	19:41.7	Northwest Nighthawks
94	94	Noah Hampton, 9	19:45.6	North Lakes Academy
95	95	Tanner Brosh, 12	19:47.6	Foley
96	96	Cade Gauerke, 10	19:51.5	St Cloud Christian Sc
97	97	?Tyler Willard, 1	19:51.9	Maple Lake
98	98	Jack McElroy, 7	19:53.0	Providence Academy
99	99	Spencer Lade, 8	20:03.4	Howard Lake-Waverly-W
100	100	Nick Czanstkowski, 10	20:03.8	Howard Lake-Waverly-W
101	101	Sam Petty, 12	20:06.4	Milaca
102	102	Derek Murphy, 10	20:08.6	Rush City

103	103	Michael Nelson, 8	20:10.0	Rockford
104	104	Blake Stoltzman, 12	20:13.4	Rockford
105	105	Ryan Knudson, 10	20:18.3	Hinckley/Finlayson
106	106	Nolan Aker, 9	20:20.4	Rockford
107	107	Keenan Hodgkin, 11	20:20.6	Providence Academy
108	108	?Quinn Youngs, 1	20:21.5	Maple Lake
109	109	Brock Bjerke, 9	20:22.2	Hinckley/Finlayson
110	110	Jack Hanson, 9	20:28.2	Rockford
111	111	?Caleb Beneke, 10	20:29.0	Maple Lake
112	112	Matt Maisch, 11	20:29.3	Watertown-Mayer
113	113	Anthony Sixta, 12	20:29.8	Northwest Nighthawks
114	114	Austin Windsperger, 11	20:30.9	Watertown-Mayer
115	115	Gabe Smail, 10	20:31.9	Maple Lake
116	116	Klemens Utzel, 10	20:43.5	Hinckley/Finlayson
117	117	Lane O'Meara, 10	20:46.2	Providence Academy
118	118	Nolan Farnam, 12	20:47.4	Providence Academy
119	119	Rolf Preus, 10	20:49.5	Heritage Christian Ac
120	120	Aaron Mulder, 8	20:52.4	Hinckley/Finlayson
121	121	Andrew Jackson, 11	20:56.5	Mayer-Luthern/Lpwht
122	122	Dylan Mans, 10	20:58.6	Hinckley/Finlayson
123	123	Gareth Holland, 12	21:09.6	Mayer-Luthern/Lpwht
124	124	Grady Wiczorek, 12	21:15.9	Maranatha
125	125	Jake Bendickson, 11	21:25.7	Northwest Nighthawks
126	126	Brayden Dickey, 7	21:31.6	North Lakes Academy
127	127	Samson Hageman, 9	21:37.0	Rush City
128	128	Grant Prom, 12	21:41.0	Northwest Nighthawks
129	129	Brody Houston, 7	21:44.2	Hinckley/Finlayson
130	130	Evan Byrne, 12	22:08.8	Maranatha
131	131	Connor Hanson, 12	22:13.9	North Lakes Academy
132	132	Jacob Kern, 8	22:34.8	Braham Area
133	133	Micah Loder, 9	22:59.4	Mayer-Luthern/Lpwht
134	134	Davey Povolny, 10	23:29.3	North Lakes Academy
135	135	Joshua Matthews, 9	23:30.0	North Lakes Academy
136	136	Michael Schaeppi, 9	23:40.7	North Lakes Academy
137	137	Garrett Engberg, 8	25:06.3	Braham Area
138	138	Tucker Burquest, 12	25:16.0	Maranatha
139	139	Kevin Laman, 8	25:47.8	Braham Area
140	140	Brady Bruce, 12	27:07.4	Maranatha
141	141	Orion Blasen, 8	27:18.4	Mayer-Luthern/Lpwht
142	142	Shane Lund, 8	27:41.8	Braham Area
143	143	Liam Aldrich, 9	32:12.8	Mayer-Luthern/Lpwht